

6 th Grade	7 th Grade	8 th Grade	9 th Grade	10 th Grade	11 th Grade	12 th Grade
<p>*Skills are all starting on the Developing path</p> <p>Sep. – Oct. Handball</p> <ol style="list-style-type: none"> 1. Passing 2. Catching 3. Throwing 4. Modified Game Play <p>Oct. – Nov. Volleyball</p> <ol style="list-style-type: none"> 1. Skills circles with partners (bump, set, spike) <p>Nov. FitnessGram</p> <ol style="list-style-type: none"> 1. Height & Weight 2. Pacer 3. Sit & Reach 4. Push – ups 5. Sit – ups 6. Trunk Lift <p>*students will know the target number for their age for each test</p> <p>Dec. Volleyball Games (4-way Volleyball) Oversized Volleyballs</p> <p>Jan. PinDodge</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Blocking <p>Feb. Floor Hockey</p> <ol style="list-style-type: none"> 1. Rules 2. Passing 	<p>*Skills are starting to move from the Developing to Competent</p> <p>Sep. – Oct. Handball</p> <ol style="list-style-type: none"> 1. Passing 2. Catching 3. Throwing 4. Line Handball <p>Oct. – Nov. Volleyball</p> <ol style="list-style-type: none"> 1. Skills circles with partners (bump, set, spike) <p>Nov. FitnessGram</p> <ol style="list-style-type: none"> 1. Height & Weight 2. Pacer 3. Sit & Reach 4. Push – ups 5. Sit – ups 6. Trunk Lift <p>*students will know the target number for their age for each test</p> <p>Dec. Volleyball Games (4-way Volleyball) Oversized Volleyballs</p> <p>Jan. PinDodge</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Blocking <p>Feb. Floor Hockey</p> <ol style="list-style-type: none"> 1. Rules 	<p>*Skills are reaching the Competent level</p> <p>Sep. – Oct. Handball</p> <ol style="list-style-type: none"> 1. Passing 2. Catching 3. Throwing 4. Line Handball <p>Oct. – Nov. Volleyball</p> <ol style="list-style-type: none"> 1. Skills circles with partners (bump, set, spike) <p>Nov. FitnessGram</p> <ol style="list-style-type: none"> 1. Height & Weight 2. Pacer 3. Sit & Reach 4. Push – ups 5. Sit – ups 6. Trunk Lift <p>*students will know the target number for their age for each test</p> <p>Dec. Volleyball Games (4-way Volleyball) Oversized Volleyballs to start then move to regular sized volleyball</p> <p>Jan. PinDodge</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Blocking <p>Feb. Floor Hockey</p> <ol style="list-style-type: none"> 1. Rules 	<p>*Skills are starting on the path to the Mastery level</p> <p>Sep. – Oct. Handball</p> <p>Boys and girls will play 10 on 10 games of handball</p> <p>Oct. – Nov. Volleyball</p> <ol style="list-style-type: none"> 1. Refresher of skills (Bump, Pass, Set) 2. Volleyball tournament 3. 4-way Volleyball <p>Nov. FitnessGram</p> <ol style="list-style-type: none"> 1. Height & Weight 2. Pacer 3. Sit & Reach 4. Push – ups 5. Sit – ups 6. Trunk Lift <p>*students will know the target number for their age for each test</p> <p>Dec. Make up FitnessGram & Freetime</p> <p>Jan. PinDodge</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Blocking <p>Feb. Floor Hockey</p> <ol style="list-style-type: none"> 1. Refresher of Rules 	<p>*Students should be able to Master 1 or 2 sports that we have played</p> <p>Sep. – Oct. Handball</p> <p>Boys and girls will play 10 on 10 games of handball</p> <p>Oct. – Nov. Volleyball</p> <ol style="list-style-type: none"> 1. Refresher of skills (Bump, Pass, Set) 2. Volleyball tournament 3. 4-way Volleyball <p>Nov. FitnessGram</p> <ol style="list-style-type: none"> 1. Height & Weight 2. Pacer 3. Sit & Reach 4. Push – ups 5. Sit – ups 6. Trunk Lift <p>*students will know the target number for their age for each test</p> <p>Dec. Make up FitnessGram & Freetime</p> <p>Jan. PinDodge</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Blocking <p>Feb. Floor Hockey</p>	<p>*Students should be able to Master 3 or 4 sports that we have played</p> <p>Sep. – Oct. Handball</p> <p>Boys and girls will play 10 on 10 games of handball</p> <p>Oct. – Nov. Volleyball</p> <ol style="list-style-type: none"> 1. Refresher of skills (Bump, Pass, Set) 2. Volleyball tournament 3. 4-way Volleyball <p>Nov. FitnessGram</p> <ol style="list-style-type: none"> 1. Height & Weight 2. Pacer 3. Sit & Reach 4. Push – ups 5. Sit – ups 6. Trunk Lift <p>*students will know the target number for their age for each test</p> <p>Dec. Make up FitnessGram & Freetime</p> <p>Jan. PinDodge</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Blocking <p>Feb. Floor Hockey</p>	<p>*By this time the students should be able to Master 5 or 6 sports that we have played</p> <p>Sep. – Oct. Handball</p> <p>Boys and girls will play 10 on 10 games of handball</p> <p>Oct. – Nov. Volleyball</p> <ol style="list-style-type: none"> 1. Refresher of skills (Bump, Pass, Set) 2. Volleyball tournament 3. 4-way Volleyball <p>Nov. FitnessGram</p> <ol style="list-style-type: none"> 1. Height & Weight 2. Pacer 3. Sit & Reach 4. Push – ups 5. Sit – ups 6. Trunk Lift <p>*students will know the target number for their age for each test</p> <p>Dec. Make up FitnessGram & Freetime</p> <p>Jan. PinDodge</p> <ol style="list-style-type: none"> 1. Throwing 2. Catching 3. Blocking <p>Feb. Floor Hockey</p>

<p>3. Shooting 4. Stick Handling 5. Gameplay</p> <p>March Basketball 1. Passing 2. Dribbling 3. Shooting 4. Gameplay (Line Basketball)</p> <p>April Soccer 1. Passing 2. Shooting 3. Dribbling 4. Modified Game Play</p> <p>May & June MattBall 1. Kicking 2. Running 3. Strategy 4. Catching</p> <p>4-way Volleyball</p>	<p>2. Passing 3. Shooting 4. Stick Handling 5. Gameplay</p> <p>March Basketball 1. Passing 2. Dribbling 3. Shooting 4. Gameplay (Line Basketball) (March Madness Tournament)</p> <p>April Soccer 1. Passing 2. Shooting 3. Dribbling 4. Modified Game Play (Line Soccer)</p> <p>May & June MattBall 1. Kicking 2. Running 3. Strategy 4. Catching</p> <p>4-way Volleyball</p>	<p>2. Passing 3. Shooting 4. Stick Handling 5. Gameplay</p> <p>March Basketball 1. Passing 2. Dribbling 3. Shooting 4. Gameplay (Line Basketball) (March Madness Tournament)</p> <p>April Soccer 1. Passing 2. Shooting 3. Dribbling 4. Modified Game Play (Line Soccer)</p> <p>May & June MattBall 1. Kicking 2. Running 3. Strategy 4. Catching</p> <p>4-way Volleyball</p>	<p>2. Refresher of skills 3. Gameplay</p> <p>March Basketball 1. Drafting Teams 2. Creation of team names and logos 3. March Madness Tournament</p> <p>April Soccer 1. Passing 2. Shooting 3. Dribbling 4. Students will play 7 on 7 indoor soccer</p> <p>May & June MattBall 1. Kicking 2. Running 3. Strategy 4. Catching</p> <p>4-way Volleyball</p>	<p>1. Refresher of Rules 2. Refresher of skills 3. Gameplay</p> <p>March Basketball 1. Drafting Teams 2. Creation of team names and logos 3. March Madness Tournament</p> <p>April Soccer 1. Passing 2. Shooting 3. Dribbling 4. Students will play 7 on 7 indoor soccer</p> <p>May & June MattBall 1. Kicking 2. Running 3. Strategy 4. Catching</p> <p>4-way Volleyball</p>	<p>1. Refresher of Rules 2. Refresher of skills 3. Gameplay</p> <p>March Basketball 1. Drafting Teams 2. Creation of team names and logos 3. March Madness Tournament</p> <p>April Soccer 1. Passing 2. Shooting 3. Dribbling 4. Student will play 7 on 7 indoor soccer</p> <p>May & June MattBall 1. Kicking 2. Running 3. Strategy 4. Catching</p> <p>4-way Volleyball</p>	<p>1. Refresher of Rules 2. Refresher of skills 3. Gameplay</p> <p>March Basketball 1. Drafting Teams 2. Creation of team names and logos 3. March Madness Tournament</p> <p>April Soccer 1. Passing 2. Shooting 3. Dribbling 4. Student will play 7 on 7 indoor soccer</p> <p>May & June MattBall 1. Kicking 2. Running 3. Strategy 4. Catching</p> <p>4-way Volleyball</p>
--	--	--	--	--	---	---